

TOWN OF COCHRANE
Community Service

COCHRANE FAMILY & COMMUNITY SUPPORT SERVICES ADVISORY BOARD

AGENDA

DATE: January 9, 2019
TIME: 7pm
PLACE: The 'Stable' Meeting Room, Cochrane FCSS

Chairperson:
Vice Chairperson:
Town Council Rep.: Councilor Marni Fedeyko
Rural Rep:
United Way Rep.: Margaret Stevens
Members: Rick Lancaster
Lyle Balmer
Jill Ransom

FCSS Staff: Kim Krawec, Manager, FCSS & Social
Planning
Cindy Adekat, FCSS Coordinator
Cory Lahoda, Administrative Assistant

Regrets:

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- 1. Call to Order – Kim Krawec, Interim Chair**
 - (a) Welcome

 - 2. Agenda**
 - (a) Agenda Additions/Deletions
 - (b) Adoption of the Agenda

 - 3. Adoption of Minutes from Previous Meetings**
 - (a) December 5, 2018 – Regular Meeting

 - 4. Delegations/Committee Reports**
 - (a) Town Council Report – Councillor Fedeyko (verbal)
 - (b) Manager's Report – Kim Krawec (verbal)

 - 5. New Business**
 - (a) Discuss/Plan Grant Funding Presentation to Council
 - (b) Elections (Chair & Vice Chair)

 - 6. Round Table Items**
 - (a) Board members information sharing

7. **Correspondence:**
 - (a) FCSSAA News (Dec 2018 – attached)
8. **Next Meeting:** Feb 6, 2019, 7pm
9. **Adjournment:**

Upcoming Events: (optional)	Staff Contact: (for more info)
Art of Friendship Thu, Jan 10-Feb 28, 1-3pm, Free Cochrane Community Health Centre, Rm 1147 See page 25 for description	Register & More info: Rose 403-851-6100
Basic Facilitation Skills Tue – Thu, Jan 22-24, 8:30am-4pm, \$169 Cochrane Alliance Church, 902 Glenbow Dr See page 22 for description	Register: 403-851-2250
Interagency Meeting (Lunch) Wed, Jan 23, 11:45am-1:30pm	RSVP to Cory
Start with Why: The How-Tos of Program Design Thu, Feb 7, 1-3pm, Free HomeStead Apartment Building, #1, 209 Second Ave W See page 22 for description	Register: 403-851-2250
Applied Suicide Intervention Skills Training (ASIST) Thu-Fri, Feb 7-8, 8:30am-4:30pm, \$100 St. Peter’s Lutheran Church, Hiway 22 & George Fox Trail See page 23 for description	Register: 403-851-2250 Info: Sharon MacDonald 403-200-1290
Proof in the Pudding: Evaluation Basics Tue, Mar 5, 1-4pm, Free HomeStead Apartment Bldg, #1, 209 Second Ave W See page 23 for description	Register: 403-851-2250
Inner Leadership: Mindful Practices for Being Centered and Present Fri, Mar 8, 10am-3pm, \$30 HomeStead Apartment Bldg, #1, 209 Second Ave W See page 23 for description	Register: 403-851-2250 Info: Sharon MacDonald 403-200-1290
Finance Series <u>Networking and Job Search</u> Wed, Mar 13, 6:30-8:30pm, Free, HomeStead Apartment Bldg. <u>Interview Skills</u> Wed, Mar 20, 10am-12pm, Free, HomeStead Apartment Bldg. <u>Budgeting: Control Your Money</u> Wed, Mar 27, 6:30-8pm, Free, HomeStead Apartment Bldg. See description details on page 25	Register: 403-851-2250

<p>Mental Health First Aid for Adults Who Interact with Adults Th-Fri, Mar 21-22, 9am-4:30pm, \$50 HomeStead Apartment Bldg, #1, 209 Second Ave W See page 23 for description</p>	<p>Register: 403-851-2250 Info: Sharon MacDonald 403-200-1290</p>
<p>Road to Recovery Thu, Mar 21-Apr 11, 2-4pm, Free Cochrane Community Health Centre, Rm 1147 See page 24 for description</p>	<p>Register: Canadian Mental Health Association: 403-297-1402</p>
<p>What's New in Volunteer Engagement Tue, Apr 2, 1-3pm, Free HomeStead Apartment Bldg, #1, 209 Second Ave W See page 24 for description</p>	<p>Register: 403-851-2250</p>
<p>Helping Those with Self-Harm Behaviours Fri, Apr 5, 9am-12pm, \$5 HomeStead Apartment Bldg, #1, 209 Second Ave W See page 24 for description</p>	<p>Register: 403-851-2250 Info: Sharon MacDonald 403-200-1290</p>
<p>New Balance Tue, Apr 9-30, 5:30-7pm, Free Cochrane Community Health Centre, Rm 1147 See page 24 for description</p>	<p>Register: Laurelle 403-851-6111</p>
<p>Community Helpers Training Thu-Fri, Apr 11-12, 9am-4:30pm, Free HomeStead Apartment Bldg, #1, 209 Second Ave W See page 25 for description</p>	<p>Register: 403-851-2250 Info: Sharon MacDonald 403-200-1290</p>
<p>COMPASS for the Caregiver Tue, Apr 9-May 28, 6-8pm, \$10 Cochrane Community Health Centre See page 26 for description</p>	<p>Register: 403-851-2250</p>
<p>Mental Health Week Movie: Miss Representation Wed, May 8, 7pm, Free Cochrane MovieHouse See page 26 for description</p>	<p>Register: 403-851-2250</p>
<p>Psychological First Aid After a Disaster or Emergency Fri, May 10, 8am-4pm, \$15 See page 26 for description</p>	<p>Register: 403-851-2250</p>
<p>Can You Teach an Old Car New Tricks? Sat, May 11, 10am-3:30pm, \$15 Location to be confirmed See page 26 for description</p>	<p>Register: 403-851-2250</p>