

TOWN OF COCHRANE
Community Service

COCHRANE FAMILY & COMMUNITY SUPPORT SERVICES ADVISORY BOARD

AGENDA

DATE: February 6, 2019
TIME: 7pm
PLACE: The 'Stable' Meeting Room, Cochrane FCSS

Chairperson & United Way Rep: Margaret Stevens
Vice Chairperson & Rural Rep: Rick Lancaster
Town Council Rep: Councilor Marni Fedeyko
Members: Lyle Balmer
Jill Ransom

FCSS Staff: Kim Krawec, Manager, FCSS
Cindy Adekat, FCSS Coordinator
Cory Lahoda, Administrative Assistant

Regrets:

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1. **Call to Order – Margaret Stevens, Chair**
 - (a) Welcome

 2. **Agenda**
 - (a) Agenda Additions/Deletions
 - (b) Adoption of the Agenda

 3. **Adoption of Minutes from Previous Meetings**
 - (a) January 9, 2019 – Regular Meeting

 4. **Delegations/Committee Reports**
 - (a) Town Council Report – Councilor Fedeyko (verbal)
 - (b) Manager's Report – Kim Krawec (verbal)

 5. **New Business**
 - (a) Confidentiality agreements – Kim
 - (b) Review Board Member applications – Kim
 - (c) Meeting structure discussion:
 1. 2019 meeting dates
 2. Presentations by funded agencies
 3. Internal Board reports
 4. Internal Presentations
 5. Review standing items on agenda
 6. 'Park'/Bring Forward Items (Marg)

6. Ongoing Business

- (a) Grant Presentation to Council – Update – Margaret/Kim
 - i. 2019 Cheque Presentation – Kim/Cindy
- (b) 2018 Final Reports – Cindy
- (c) Cochrane Cares (Standing Item) – Kim/Cindy
- (d) United Way Update – Margaret
- (e) Rural Update – Rick
- (f) Caregiver Support Update (Standing Item) – Rick

7. Round Table Items

- (a) Board members information sharing

8. Correspondence

- (a) None

9. Next Meeting: March 6, 2019, 7pm

10. Adjournment

<u>Upcoming Events:</u> (optional)	<u>Staff Contact:</u> (for more info)
Start with Why: The How-Tos of Program Design Thu, Feb 7, 1-3pm, Free HomeStead Apartment Building, #1, 209 Second Ave W See page 22 for description	Register: 403-851-2250
Applied Suicide Intervention Skills Training (ASIST) Thu-Fri, Feb 7-8, 8:30am-4:30pm, \$100 St. Peter's Lutheran Church, Hiway 22 & George Fox Trail See page 23 for description	Register: 403-851-2250 Info: Sharon MacDonald 403-200-1290
Proof in the Pudding: Evaluation Basics Tue, Mar 5, 1-4pm, Free HomeStead Apartment Bldg, #1, 209 Second Ave W See page 23 for description	Register: 403-851-2250
Inner Leadership: Mindful Practices for Being Centered and Present Fri, Mar 8, 10am-3pm, \$30 HomeStead Apartment Bldg, #1, 209 Second Ave W See page 23 for description	Register: 403-851-2250 Info: Sharon MacDonald 403-200-1290
Finance Series <u>Networking and Job Search</u> Wed, Mar 13, 6:30-8:30pm, Free, HomeStead Apartment Bldg. <u>Interview Skills</u> Wed, Mar 20, 10am-12pm, Free, HomeStead Apartment Bldg. <u>Budgeting: Control Your Money</u> Wed, Mar 27, 6:30-8pm, Free, HomeStead Apartment Bldg.	Register: 403-851-2250

See description details on page 25	
Mental Health First Aid for Adults Who Interact with Adults Th-Fri, Mar 21-22, 9am-4:30pm, \$50 HomeStead Apartment Bldg, #1, 209 Second Ave W See page 23 for description	Register: 403-851-2250 Info: Sharon MacDonald 403-200-1290
Road to Recovery Thu, Mar 21-Apr 11, 2-4pm, Free Cochrane Community Health Centre, Rm 1147 See page 24 for description	Register: Canadian Mental Health Association: 403-297-1402
What's New in Volunteer Engagement Tue, Apr 2, 1-3pm, Free HomeStead Apartment Bldg, #1, 209 Second Ave W See page 24 for description	Register: 403-851-2250
Helping Those with Self-Harm Behaviours Fri, Apr 5, 9am-12pm, \$5 HomeStead Apartment Bldg, #1, 209 Second Ave W See page 24 for description	Register: 403-851-2250 Info: Sharon MacDonald 403-200-1290
New Balance Tue, Apr 9-30, 5:30-7pm, Free Cochrane Community Health Centre, Rm 1147 See page 24 for description	Register: Laurelle 403-851-6111
Community Helpers Training Thu-Fri, Apr 11-12, 9am-4:30pm, Free HomeStead Apartment Bldg, #1, 209 Second Ave W See page 25 for description	Register: 403-851-2250 Info: Sharon MacDonald 403-200-1290
COMPASS for the Caregiver Tue, Apr 9-May 28, 6-8pm, \$10 Cochrane Community Health Centre See page 26 for description	Register: 403-851-2250
Mental Health Week Movie: Miss Representation Wed, May 8, 7pm, Free Cochrane MovieHouse See page 26 for description	Register: 403-851-2250
Psychological First Aid After a Disaster or Emergency Fri, May 10, 8am-4pm, \$15 See page 26 for description	Register: 403-851-2250
Can You Teach an Old Car New Tricks? Sat, May 11, 10am-3:30pm, \$15 Location to be confirmed See page 26 for description	Register: 403-851-2250

Program registration on-line: www.cochrane.ca/programguide

TOWN OF COCHRANE
Community Service

COCHRANE FAMILY & COMMUNITY SUPPORT SERVICES ADVISORY BOARD

Meeting Minutes

DATE: January 9, 2019
TIME: 7:00pm
PLACE: The 'Stable' Meeting Room, Cochrane FCSS

Chairperson: Kim Krawec (interim)
United Way Representative: Margaret Stevens
Town Council Rep.: Councilor Marni Fedeyko
Members: Rick Lancaster
Lyle Balmer
Jill Ransom

FCSS Staff: Kim Krawec, Manager, FCSS
Cindy Adekat, FCSS Coordinator

Start: 7:04pm

1. Call to Order – Kim Krawec
(a) Welcome

2. Agenda
(a) Adoption of Agenda

Motion: Moved by Jill Ransom, that the FCSS Advisory Board adopt the agenda for the January 9, 2019 Board Meeting.

Second: Rick Lancaster **Carried**

3. Adoption of Minutes from Previous Meeting
(a) December 5, 2018 – Regular Meeting

Motion: Moved by Margaret Stevens that the FCSS Advisory Board adopt the Minutes from the December 5, 2018 Regular Meeting.

Second: Rick Lancaster **Carried**

4. Delegations/Committee Reports

- (a) Town Council Report – Councillor Fedeyko (verbal)
 - i. Council has had the past month off (since December 12, 2018)
 - ii. 1st meeting of 2019 will be January 14th
 - iii. Anticipates 2019 being a ‘great year’ with regard to 4 initiatives
 - a. Transit
 - b. Tri-site
 - c. ¼ section of land annexed from RVC for outdoor recreation facility (serviced after June)
 - d. Sunset Ridge 3rd Phase which will provide an additional exit from the neighbourhood
 - iv. 2019 Budget was passed
- (b) Manager’s Report – Kim Krawec (verbal)
 - i. FCSS staffing request (Staff Equity) was passed
 - ii. Perfect Mind registration software system
 - a. Registration system launched January 7th
 - b. Online registration is available once again
 - iii. 2019 focus will include a Strategic Planning process

5. Ongoing Business

- (a) FCSS/UW Grant Funding Allocation Recommendation to Council
 - a. Margaret will present the recommendation to Council at the January 28th Council Meeting

- (b) Election of Chair & Vice-chair

Motion: Moved by Lyle Balmer that Margaret Stevens be elected Chair of the Cochrane FCSS Advisory Board

Second: **Jill Ransom** **Carried**

Motion: Moved by Margaret Stevens that Rick Lancaster be elected Vice-chair of the Cochrane FCSS Advisory Board

Second: **Lyle Balmer** **Carried**

- (c) United Way Fundraiser Update – Margaret & Marnie
 - a. Margaret shared that McDonald’s of Cochrane has already expressed interest in doing a United Way fundraiser for 2019
 - b. Marni shared that the total revenue generated from the Jail & Bail fundraiser is \$6,574.74. The Board will determine how the dollars raised will be allocated at a later date.

6. Round Table Items

- (a) Board members information sharing – Board Member Recruitment
 - i. **Rick Lancaster** – shared that the Prostate Cancer Centre utilizes a Skills Matrix when seeking new board members. That way they are targeting individuals in possession of those skills missing from or needed by the board.
 - ii. **Jill Ransom** - shared that approaching the Chamber of Commerce may result in applications for the board from representatives from a different sector.
 - iii. **Marnie Fedeyko** - shared that it would be beneficial to the board to have representation a greater diversity of individuals
 - a. LGBTQ2+
 - b. Newcomers
 - c. Lived experience

7. Correspondence:

- (a) None

8. Next Meeting: Wed, Feb 6, 2019 at 7:00pm

9. Adjournment: 8:58pm

Date

Margaret Stevens, Chair

Date

Cory Lahoda, Recording Secretary