

Community Organization Directory

Health and wellness organizations

- [Addiction & Mental Health Cochrane Clinic \(AHS\)](#) – Provides mental health and addiction support services to residents in the area.
- [AHS Cochrane Prenatal Health Group](#) – Join an AHS Childbirth Educator and Registered Dietitian to connect with other parents on topics such as pregnancy, nutrition, labour, birth, infant feeding and care and transition to early parenthood.
- [Alberta Health Services \(AHS\)](#) – A provincial health authority overseeing public health care in Alberta. They provide resources, clinics, and health education.
- [Bethany Cochrane](#) – A senior care and assisted living facility offering support services for the elderly.
- [Calgary Foothills Primary Care Network](#) (includes Cochrane) – A network of local healthcare providers offering primary care and other health services.
- [Cochrane & Area Hospice Society](#) – Exemplary palliative, end of life and bereavement care options in the community of Cochrane and surrounding area.
- [Cochrane Community Health Centre](#) – A local healthcare facility providing a variety of medical services to the community.
- [Cochrane Pregnancy Care Centre](#) – Offers support for expecting mothers and families in need of resources for pregnancy and early childhood.

Social services and community support organizations

- [Autism Aspergers Friendship Society](#) – Provides respite care in a social and recreational environment for children, youth and adults on the spectrum of Autism.
- [BGC Cochrane and Area](#) – Offers after-school programs, youth leadership opportunities, and community activities for children and teenagers.

Social services and community support organizations continued

- [Big Hill Haven](#) – A local organization dedicated to providing resources and support to victims of domestic violence.
- [Calgary Communities Against Sexual Abuse \(CCASA\)](#) – The primary sexual harassment, sexual abuse and sexual assault crisis, counselling and education service provide for Calgary and the surrounding areas.
- [Children’s Cottage Society](#) – The Children’s Cottage has provided families with the help they need to cope with and overcome their challenges, build on their strengths, keep their children safe and turn adversity into possibility.
- [Cochrane Food Bank](#) – Committed to responding to the needs of our neighbours with programs and services that feed the hungry, provide both short and long-term relieve in the area of food insecurity and improve the social well-being of our community.
- [Cochrane Immigrant Services Committee \(CISC\)](#) – Provides support for newcomers and immigrants in the Cochrane area to ease their transition and promote integration.
- [Cochrane Society for Housing Options \(CSHO\)](#) – Provides rental housing where tenants pay a discounted percentage of what is considered the average market rent for the area, set by Canada Mortgage and Housing Corporation. Also operates, [Home Reno Heaven](#).
- [Family and Community Support Services \(FCSS\) and Family Resource Network \(FRN\)](#) – Dedicated to fostering, strengthening and stabilizing family and community life for residents in Cochrane and area.
- [Helping Hands Society of Cochrane and Area](#) – A volunteer organization aiding those in need within the community, including food support and help for vulnerable populations.
- [Îyâhrhe Nakoa Food Bank](#) – A registered Canadian charity assisting impoverished community members in a respectful, confidential manner with basic food and hygiene supplies.
- [Outlink](#) – Calgary Outlink is a community-based, not-for-profit charity dedicated to providing support, education, outreach and referrals for the @SLGBTQIA+ and allied communities in Calgary.

Social services and community support organizations continued

- [Wazin Íchinabi T \(House of Oneness\)](#) – Weaves culture, education, wellness and empowerment into a space for reconciliation, acceptance and well-being for the community.

Business and economic networks

- [Cochrane & District Chamber of Commerce](#) – A network of local businesses that promotes economic development and offers networking opportunities within the community.
- [Community Futures Centre West](#) – Business loans, tools, mentoring, guidance and support for small rural business owners and entrepreneurs in Alberta.
- [Economic Development Cochrane](#) – Supports local businesses and economic growth in Cochrane through various initiatives and partnerships.
- [Prospect Human Services \(Cochrane\)](#) – Helps people get jobs.
- [RancheHouse Event Centre](#) – Is a cherished landmark and gathering place looking to host meaningful connections and create lasting memories.

Service clubs and community organizations

- [Bow River Basic Council](#) – Working to nurture, share and protect the waters of the Bow River Basin.
- [Cochrane Activettes](#) – A local volunteer women's group providing food and necessities to families in need and supporting community development projects.
- [Cochrane & Area Humane Society](#) – They educate communities about animal welfare, promote responsible pet ownership and ensure the well-being of animals in need.
- Gardens Society, email: cochrane.gardens@gmail.com

Service clubs and community organizations continued

- [Cochrane Horticultural Society](#) – Serves Cochrane and surrounding district with varied activities focused on education and sharing gardening expertise and experience in Hardiness Zones 3a and 3b with chinook conditions.
- [Cochrane Lions Club](#) – A volunteer service organization that supports community events, local initiatives, and provides charitable assistance.
- [Cochrane Pregnancy Care Centre](#) – They are a Christian non-profit, non-political, charitable organization providing compassionate care to women and families facing an unexpected pregnancy and other overwhelming circumstances.
- [Kiwanis Club of Cochrane](#) – Part of a global organization of volunteers dedicated to improving the world, one child and one community at a time.
- [Rocky Mountain Rotary](#) – A volunteer organization of young professionals in Cochrane Alberta, organizing dynamic, community-connecting and community-building events.
- [Rotary Club of Cochrane](#) – A well-established service club involved in numerous local projects and charitable activities, focusing on community service and support.
- [Seniors for Kids Society](#) – A non-profit organization that promotes intergenerational relationships.
- [Seniors on the Bow](#) – A vibrant nonprofit society with resources that enhance the quality of life for those over 50 in the Cochrane area.

Educational institutions

- [Bow Valley College - Cochrane Campus](#) – Offers educational programs and training. The college can be a partner for health education, training, and community initiatives.
- [Calgary Catholic Schools](#) (Cochrane area schools) – Catholic faith permeates all aspects of our educational experience—in what we learn and how we live.

Educational institutions continued

- [Community Education Service](#) - Committed to providing free evidence informed information for parents and caregivers that is accurate, reliable and easy to access.
- [Rocky View Schools \(RVS\)](#) - Local public-school division, serving Cochrane and the surrounding area, with opportunities for educational partnerships, health education programs, and youth outreach.

Environmental and outdoor groups

- [Cochrane Environmental Action Committee \(CEAC\)](#) - Promotes sustainability and environmental education in the Cochrane area.
- [Cultivate Cochrane Society](#) - Cultivate Cochrane is a non-profit society that empowers people to grow their own food through demonstration and education.
- [Glenbow Ranch Park Foundation](#) - An organization managing Glenbow Ranch Provincial Park, focusing on environmental conservation, outdoor education, and community events.

Faith-based organizations

- [All Saints Anglican Church](#)
- [Bow Valley Baptist Church](#)
- [Cochrane Alliance Church](#)
- [Cowboy Trail Church](#)
- [Grace Church of Cochrane](#)
- [RockHaven Church](#)
- [St. Andrew's United Church](#)
- [St. Mary's Catholic Church](#)
- [St. Peter's Lutheran Church](#)
- [Tapestry Church](#)

Arts and culture organizations

- [Cochrane Art Club](#) – Has members from all over Rocky View County, Cochrane and Calgary. All skill levels welcome.
- [Cochrane & District Agricultural Society](#) – Is a not-for-profit society partnering with many local community groups and agencies with a strong youth and family focus.
- [Cochrane Historical & Archival Preservation Society \(CHAPS\)](#) – Focused on preserving the history of Cochrane and could be a partner in creating culturally relevant health campaigns.
- [Cochrane Integrated Arts Society \(CIAS\)](#) – A non-profit organization promoting arts and culture in Cochrane.
- [Cochrane Pipe Band](#) – A non-competitive pipe and drum band in Cochrane and area.
- [Cochrane Public Library](#) – Offers a variety of in-person and online programming and resources for the community.
- [Friends of the Cochrane Public Library](#) – Volunteers who are engaged book-loving individuals with a strong and vibrant interest in the Cochrane Public Library and assist with raising funds for programs and services.
- [Route 22 Artist Collective Gallery](#) – A local cooperative art gallery that could collaborate on events, fundraisers, or awareness campaigns.
- [Stockmen's Memorial Foundation](#) – A non-profit, charitable organization whose objectives include to identify, honour and remember the builders of the livestock industry and others who have made outstanding contributions to its progress.
- [Take a Bow Community Theatre Society](#) – A volunteer theatrical production company for Cochrane and area.

Sports and recreation groups

- [Spray Lake Sawmills \(SLS\) Centre](#) – A central hub for recreation and community gatherings, offering potential venues for health and wellness events.
- [Bike Cochrane](#) – Missing is to serve Cochrane through the promotion of and advocacy for, cycling in the community.
- [Bow Valley Rugby Club](#) (All Programs) – Coaching philosophy for all age groups is game based with an emphasis on personal development and what we call ‘Fundamental Team Identity’.
- [Cochrane BMX](#) – A non-profit that provides leadership in the promotion of cycling, enhancing the sport and community of BMX racing our region.
- [Cochrane Lions Rodeo](#) – Organizes the Cochrane Lions Rodeo and other events that draw large community participation.
- [Cochrane Minor Ball Association](#) – Promote & develop youth fastpitch players in a safe, fair environment that emphasizes fun and appropriate skill development.
- [Cochrane Pickleball Club](#) – Realize your personal benefits: improve your game, enjoy the sport, meet new people and have fun while getting in shape.
- [Cochrane Rangers Soccer](#) – Offer recreation and competitive programs for men, women and coed.
- [Sport 4 Life Cochrane](#) – Is a non-profit organization connecting schools, sports and the community through multi-sport opportunities.
- [Cochrane Minor Basketball Association](#) – A non-profit Society that promotes and encourages basketball among area youth.
- [Cochrane Minor Hockey Association](#) – A local sports organization that could partner for youth-oriented health and wellness events.
- [Cochrane Rangers Soccer Club](#) – For adult competitive and recreational soccer.
- [Cochrane Wolves Football Club](#) – Step into the vibrant world of Cochrane Wolves FC, where soccer isn’t just a sport; it’s a passionate way of life.

Media and communications

- [Cochrane Eagle](#) - A local newspaper that covers community events, announcements, and health-related stories.
- [Cochrane Now](#) - A community-focused radio station and online news source that provides coverage of local events and news, ideal for publicity and outreach.
- [Cochrane Times-Post](#) - Another local online newspaper that serves as a key communication platform for spreading awareness and sharing CAHF's initiatives.